

XIII WARSAW CUP 2010



National and Regional Taekwondo Federations, Taekwondo Clubs

The Warsaw Taekwondo Society is pleased to invite your National and Regional, senior, junior and cadet teams and clubs to participate in one of the biggest championships in this part of Europe

This Warsaw Cup edition will be great opportunity for preparation to European Junior and Cadets Championship 2011 as it will be played in age groups of year 2011

- Date:** November 26-28, 2010
- Organizer:** Warsaw Taekwondo Organizations
- Place:** Academy of Physical Education, Marymoncka Street 34, Warsaw, Poland
- Competitions rules:**
Contestants must hold license recognized by their own national federation.
Participants must have a valid medical certificate and grades according to the ETU statute.
- Events: (all categories will be played in age groups of years 2011)**
 - **Under 21 seniors (1990-1994) min. 4 geup**
M / F - Categories according ETU rules
 - **Juniors (1994 – 1997) min. 5 geup**
F -42 kg, -44 kg, -46 kg, -49 kg, -52kg, -55 kg, -59 kg, -63 kg, -68 kg, +68 kg
M -45 kg, -48 kg, -51 kg, -55 kg, -59 kg, -63 kg, 68 kg, -73 kg, -78 kg, +78 kg
 - **Cadets (1997-1999) min. 6 geup**
F -29 kg, -33 kg, -37 kg, -41 kg, -44 kg, -47 kg, -51 kg, -55 kg, -59 kg, +59 kg
M -33 kg, -37 kg, -41 kg, -45 kg, -49 kg, -53 kg, -57 kg, -61 kg, -65 kg, +65 kg
 - **Children (2000 and younger)**
twio ap nopi chagi / dolyo chagi (10 seconds)
- Entry fee: 10 EURO**
- Accommodation:**
 - Student hostel: 3 person room 40 EURO / 2 person room 30 EURO / per night
 - Ibis / Etap Hotel: special prices for taekwondo !

Free transport from airport !

LaJUST or Daedo electronic body protector will be used depending on current European trends